

Peak Performance Camps

Summer Camp - Mt. Hood, Oregon

Training athletes of all ages at Mt. Hood for two decades.

- Learn Tactics used by Best in the World
- Intensive SL and GS Training 7:00AM-1:00PM
- In Depth Daily Videotape Analysis
- Limited Group Size & One-on-One Coaching
- Stance balance and Alignment
- Fun Dryland Training & Activities
- Demo next season's equipment!

2019 Summer Camp Sessions and prices:

June 26 - July 6: \$2,500 if paid in full by April 1. \$2,700 after April 1.

July 7 - 13: \$1,945 if paid in full by April 1. \$2,145 after April 1.

June 26 - July 13: \$3,750 if paid in full by April 15. \$3,950 after April 15.

July 7 - 13 Adult Camp, no lodging/meals: \$1,485 if paid in full by April 1. \$1,760 after April 1.

July 7 - 13 Adult Camp with lodging/meals: \$1,945 if paid in full by April 1. \$2,145 after April 1.

Tuition includes coaching, lift tickets, room, board and transportation from Portland airport. For camp fees visit peakperformancecamps.com Accommodations are in private cabins in picturesque location, home-cooked meals.

Daily Schedule:

6:00 Wake up/breakfast	4:30-6:00 Dryland training or recreational activity
7:00-1:00 On-Snow training	6:30 Supper
1:30 Lunch and rest hour	7:00-8:30 Video session, discussion
3:30-4:30 Arrange Equipment Demos	9:00 Lights out

Camp Director and Head Coach, Dave Gregory: Dave is the Head U 16 Coach for the Franconia Ski Club Winter Term program and is an assistant coach for the Holderness School U 16 program. He is the former Program Director of the Mt Washington Valley Ski Team, and recipient of the 2012 USSA Alpine Club of the Year. Former Head Women's Alpine Coach, Dartmouth College. 2005 NH State Coach of the Year. Eastern Regional Speed Project Coach, La Parva, Chile. Eastern Regional Project Coach, US National Alpine Championships. Eastern Regional Project Coach, J2 National Championships.

Coaches:

Shawn Smith: Women's Head U14 coach for Ski Club Vail. Former member and coach for the PSIA National Demo Team. Former Director of Racing, Events and Ski School, Copper Mountain, CO. Former Director of Skiing, Racing and Events, Stevens Pass, WA. Former U16 Program Director, Mt Washington Valley Ski Team. Former guest coach Austrian and US Ski Teams.

Luke Martin: Luke is an Examiner for the PSIA Eastern Division. Former member of the PSIA-E Demo Team. Former staff trainer, Sunday River Ski School. Former Ski School Director, Powderhorn Ski Area, CO. Eastern Regional Project Coach, Timberline Ski Area, Mt Hood, Oregon. Longtime PPSC coach.

Ryan Gregory: Ryan skied as a successful FIS racer in the Eastern Region. Skied for Plymouth State University. Former assistant coach, Mt Washington Valley Ski Team. Loveland SL Derby 2 time Champion. Silver medalist Eastern J1 FIS Championships. Long time PPSC coach and alum.

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Athlete Information:

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Parent/Guardian

Name _____

Home Phone _____ Cell _____

Email _____

Ski Club/Team _____

Emergency Contact _____

Relationship _____

Home Phone _____ Cell _____

- June 26 - July 6:** \$2,500 before April 1. \$2,700 after April 1.
- July 8 - 13:** \$1,945 before April 1. \$2,145 after April 1.
- June 26 - July 13:** \$3,750 if paid in full by April 15. \$3,950 after April 15.
- July 8 - 13 Adult Camp, no lodging/meals:** \$1,485 if paid in full by April 1. \$1,760 after April 1.
- July 8 - 13 Adult Camp with lodging/meals:** \$1,945 if paid in full by April 1. \$2,145 after April 1.

A minimum \$500 deposit is required. Make checks payable to "PPSC"

_____ Amount Enclosed

_____ Balance Due

Remit to **PPSC, PO Box 291, Intervale, NH 03845**

If you have questions call (603) 356-7627 or (603) 520-1642

Dave Gregory, Director
PO Box 291, Intervale, NH 03845 - Office (603)356-7627 - Cell (603) 520-1642
mwvst@hotmail.com - peakperformancecamp.com

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Summer Camp Mt. Hood, Oregon

Since 1985

Please Provide Travel Information as soon as possible. First and last days of each session are travel days. To allow for travel time to airport, please book flights that arrive by 2PM and depart after 9AM. If not traveling by plane please provide other plans for travel. Please note that the first and last days of each session are the travel days.

Arrival (Portland OR) Date _____ Airline _____ Flight _____ Time _____

Departure Date _____ Airline _____ Flight _____ Time _____

Liability Release

In consideration of the acceptance of my application to the Peak Performance Ski Racing camp programs, the receipt of such acceptance being hereby acknowledged, the undersigned hereby releases Mt. Washington Valley/Peak Performance Ski Camps, Timberline Ski Area, Copper Mountain Ski Area, and their agents, officers, servants, and employees of and from any and all liability, claims, demands, actions, and causes of action whatsoever, arising out of or related to any loss, damage, or injuring, including death, that may be sustained by the undersigned, or any property of the undersigned, while participating in, or enroot to or from the programs of the Peak Performance Ski Camps. The undersigned, being duly aware of the risks and hazards inherent in the sport of ski racing, hereby elects voluntarily to enter in Peak Performance Ski Racing Program, knowing the nature of said program.

This release shall be binding upon the distributes, heir, next of kin, executors, and administrators of the undersigned.

In signing the foregoing release, the undersigned hereby acknowledges and represents:

- A. That he/she has read the foregoing release, understands it and signs it voluntarily.
- B. That he/she is over 21 years of age and of sound mind, if he/she is younger than 21 years of age, that his/her parent or guardian is over 21 years of age and of sound mind, who has read the foregoing release, understands it, and signs it voluntarily.

Racer's Name (please print) _____

Racer's Signature _____ Date _____

Parent/Guardian's Name (please print) _____

Parent/Guardian's Signature _____ Date _____

Release Authorization for Medical Attention

I hereby grant permission for a doctor to administer any treatment or anesthetic and perform any diagnostic procedure, operation, or curative remedial procedure they deem necessary or advisable for the care or treatment of the above named race:

Racer's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

Medical Insurance Company _____

Insurance Policy Number _____

Allergies - food, drugs, etc. _____

Current Medications - explain _____

Dave Gregory, Director
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